

TIPS FOR SURFING THE INTERNET

Be patient – The web is a very large place.

Lots of information on the web about treatment, trials, research, statistics and services may not be relevant or available in Australia.

Write a list of information you would like to obtain and be specific.

Not all information will be useful, as every patient is unique. There are different types of brain tumours and stages in the disease.

Discuss the information you find with your doctor or health professional whom you trust, to check if it is relevant to your specific situation.

Do not go surfing alone. Surf the Net with a friend or family / partner. It may be helpful to discuss what you find.

Web sites on the Internet are for information, not professional medical advice.

Different search engines have different sites.

Check if the information you find:

1. Relates to you and your specific tumour
2. When it was published
3. Is the website regularly updated by reputable people
4. Who published it
5. Where the data comes from
6. If it relates to Australia

SYDNEY NEURO-ONCOLOGY GROUP

If you would like more information about the Sydney Neuro-Oncology Group and the Brain Tumour Support Group, we're on the web:

www.snog.org.au

Or contact us on: vansevenanti@ramsayhealth.com.au

North Shore Private Hospital, Westbourne Street, St Leonards NSW 2065

The Sydney Neuro-Oncology Group hopes that you have found this information useful. SNOG purely exists through donations. Any donations you wish to make would be greatly appreciated



GUIDE TO THE INTERNET

SYDNEY NEURO-ONCOLOGY GROUP

WE ENCOURAGE YOU TO OBTAIN INFORMATION ABOUT YOUR CONDITION FROM YOUR OWN DOCTOR. INTERNET RESOURCES SHOULD NOT BE USED AS PROFESSIONAL MEDICAL ADVICE.



THERE IS A LARGE AMOUNT OF INFORMATION ON THE INTERNET. WHEN SURFING THE NET YOU HAVE TO BE AWARE THAT DATA IS UNREGULATED.

WHAT IS THE INTERNET?

The Internet is a worldwide network of computers. These computers exchange information through telephone lines. Email (electronic mail) is the use of this system to correspond with people. There is a large amount of useful information on the web. However, when conducting your research, you should be aware that this information is unregulated. The Internet is operational 24 hours a day, from many sites in various places across the globe.

SEARCH ENGINES

You can use a search engine to locate sites addressing a topic of interest to you. Place your search on two or three search engines to find the full range of web sites available.

General Search Engines:

Alta Vista <http://altavista.digital.com>
 Excite <http://www.excite.com>
 Lycos <http://www.lycos.com>
 Webcrawler <http://webcrawler.com>
 Yahoo <http://yahoo.com>

Medical Search Engines:

Achoo <http://www.achoo.com>
 HealthAtoZ <http://healthatoz.com>
 Healthfinder <http://www.healthfinder.gov>

DISCLAIMER

The information contained in these web sites does not necessarily reflect the opinion of the Sydney Neuro-Oncology group. The group cannot accept liability in relation to accuracy of information or security at these chat rooms, search engines, web sites or their links. The information found at these resources may change overnight.



Website	Site Address	Site Description	Country
Sydney Neuro-Oncology Group	http://www.snog.org.au	Neuro-oncology group information. Research and brain tumour support group information.	Australia
American Brain Tumour Association	http://www.abta.org	Extensive information about treatments, research and support.	USA
Strangman Family Site	http://www.geocities.com/oldparl/journey.htm	A personal experience.	Australia
Australian Brain Tumour Discussion Group	http://groups.yahoo.com/group/OzBrainTumour	Brain tumour discussion and support group on the Internet established by patients & carer.	Australia
Commonwealth Carelink Centres	http://commcarelink.health.gov.au	Information for carers on support services. Easy to read and navigate through.	Australia
UK Brain Tumour Society	http://www.braintumour.org	Information on brain tumours and treatment. A survival story.	UK
Buddy Book	http://landofpuregold.com/buddy.htm	A story for children about brain tumours.	USA
Neuroscience For Kids	http://faculty.washington.edu/chudler/introb.html	Good for children to educate them about tumours.	USA
Carers NSW Linking and Resourcing	http://www.carersnsw.asn.au	Information, referrals, support and resources for carers. Free information pack.	Australia
Kids' Cancer Network	http://www.kidscancernetwork.org	For children with cancer: pen friends, competitions and information.	USA
NSW Cancer Council & Statistics	http://www.cancercouncil.com.au http://www.statistics.cancercouncil.com.au	General & Statistical information for all types of cancer in NSW.	Australia
Brain Tumour Foundation of Canada	Http://www.braintumour.ca	Interactive & supportive opportunity for brain tumour patients and carers	Canada
UK Cancer Information	http://www.cancerbacup.org.uk	Huge site containing extensive information on cancer.	UK